



Memory Lane Café
Programme of Activities
July 2018

3rd	10th	17th	24th	31st
am	am	am	am	am
We Care 6th session Richard Hunt Sporting memories	Skittles Books and mags Guess the Sweets in the Jar - Fundraiser	Boccia Table top games	Seated Zumba 11.45 - 12.15pm	Bingo Vicky Hosking Legal Clinic
pm	pm	pm	pm	pm
Lynnette Musical Movement 1.45 - 2.45pm	Son of ELVIS 1.45 - 2.45pm	Darren Chair exercises 1.45 - 2.45pm	Kesgrave singers 1.45 - 2.45pm	New age Kurling 1.45 - 2.45pm

If you have any special requests or suggestions for activities, please speak to Tina 😊