



Memory Lane Café  
Programme of Activities

**March 2019**

<b>5th</b>	<b>12<sup>th</sup></b>	<b>19th</b>	<b>26th</b>
<b>am</b>	<b>am</b>	<b>am</b>	<b>am</b>
<b>Judith Goldsmith We Care Coffee &amp; Chat</b>	<b>Seated ZUMBA Gold with Sarah 11.30am</b>	<b>Bingo  Fish &amp; Chip lunch</b>	<b>Tea Dance with Teresa  Vintage 'Afternoon Tea' lunch</b>
	<b>pm</b>	<b>pm</b>	<b>pm</b>
<b>Dance movement with Lynette 1.45pm</b>	<b>Musical Memories with Tracy Sharp 1.45 - 2.45pm</b>	<b>Entertainment by Dennis Maisey 1.30 - 2.30pm</b>	

If you have any special requests or suggestions for activities, please speak to Tina ☺