



## Memory Lane Café - Programme of Activities

**MAY 2019**

7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup>	28 <sup>th</sup>
am	am	am	am
We Care session - Wellness & you  Boccia Quiz	Jon Taverner from Eastern Angles	Seated Zumba with Sarah  Pub Card fund-raising	Sing song with 17 <sup>th</sup> Ipswich Beavers  Building with Lego
	pm	pm	pm
Musical movement with Lynnette  Jigsaws and magazines	Chair Bingo  Books and games	Table Top Games  Table Tennis	New Age Kurling  Word search & crosswords

**If you have any special requests or suggestions for activities, please speak to Tina ☺**

**Reminder - Wolsey Theatre 1.30pm Thursday 9th May**