



January 2020 Newsletter

We Care Information Sessions for Carers

The We Care Information Sessions for Carers will continue in 2020 and we are currently planning the programme with the help of Judith Goldsmith. If you have any special requests or ideas for topics that you would find useful and interesting, please let Tina or Kelly know.

Sessions will restart on Tuesday 4th February with a talk from a speech and language therapist. Extra volunteers will be on hand to care for loved ones while carers take some time out for this session.

Future sessions will be listed on our website, Facebook page and also on the monthly activities programme. There's no need to sign up, just come along 😊

Radio advert

Memory Lane Café has been chosen as the charity of the month by local radio station Ipswich 102FM. One of our committee was invited in to record information about our café and this recording will be played three times each day for the month of February. Please listen out as Kelly tells Ipswich what on offer every Tuesday at Memory Lane Café.

Recent donations

We are thrilled to announce that Memory Lane Café has recently received 2 generous donations:

Scrutton Bland £1000

East of England Co-op £500

Bake sale for Alzheimer's Society - 3rd March 2020

We will be holding bake sale on Tuesday 10th March to raise money for the Alzheimer's Society. If you enjoy baking and would like to do some cooking for this event or would prefer to pop along to the shops to buy some cakes to donate, please have a chat to Julie (in the kitchen) or Diane & Maria who will be happy to let you know some more details.

Annual Celebration

Following the committee's Annual General Meeting, Memory Lane Café will be holding an annual celebration on Tuesday 28th April at 11.30am. Our Chairperson, Tina Vickers will share her report, recognise achievements for the last year and make the AGM report available for any interested folks.

Twiddle blankets

Our Knit Wits knitting group continues to produce wonderful blankets and in December, we donated 7 twiddle blankets to a local care home in Ipswich. The manager of Park Manor on Tuddenham Road sent a message of thanks and told us the residents were enjoying them. Great work Knit Wits!

If you know of any care home whose residents would enjoy our twiddle blankets, please have a chat with Mel Griggs, one of our committee members.

Memory Lane trip to watch The Wizard of Oz show

We are organising a trip to see the Wizard of Oz show at the John Mills Theatre on Saturday 18th April – Memory Lane will be subsidising the cost of the tickets so if you'd like to come along, book your place and buy a ticket from Maria at £5 each.

Next Legal Clinic

Vicky Hosking, Managing Partner at Smith & Co Solicitors, will be visiting Memory Lane on Tuesday 10th March offering short appointments to discuss any questions or concerns you may have regarding legal issues. These might include Wills, Lasting Power of Attorney arrangements, property issues or funding for care questions. Please let Tina or Christine on the Welcome Desk know if you'd like to speak to Vicky.

Committee News

The next Committee meeting will be held on Wednesday 18th March 2020 so any ideas, questions and concerns can be shared with Mel and she'll raise them on your behalf.

We're still keen to recruit a volunteer to help plan more events and trips so if you know anyone with the skills & experience needed, please let Tina or Kelly know.

We are also very interested in your ideas as we begin to plan some day trips later this year. If you have any special requests for locations, activities or shows, please speak to Tina or Mel.