



Memory Lane Café  
 Programme of Activities

**February 2021 ZOOM**

2 <sup>nd</sup>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>
10.30am	10.30am	10.30am	10.30am
<p>Musical Bingo with Tony</p> <p>You'll need counters or a bingo marker</p>	<p>Chair-based yoga with Diana</p>	<p>Photo booth with Kelly</p> <p>Best of four quiz Shrove Tuesday</p> <p>Bring paper &amp; pen</p>	<p>Musical movement with Lynnette</p>
11.30am	11.30am	11.30am	11.30am
<p>Chair exercises with Darren</p>	<p>Musical entertainment with Gina</p>	<p>Movement to music With Gina</p>	<p>Countryholic songs with Ray Smith</p>

If you have any special requests or suggestions for activities, please speak to Tina 😊